

Jamal Thompson

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SUMMARY

Dedicated mid-level construction worker with over 7 years of experience in residential and commercial projects. Proven track record of increasing efficiency and ensuring safety compliance, with a strong ability to collaborate and communicate effectively on-site.

EXPERIENCE

Construction Foreman

Jan 2020 - Present

Skyline Builders Inc., Denver, CO

- Led a team of 10 workers on a \$2M commercial renovation project, completing it 3 weeks ahead of schedule, saving the company \$100,000 in labor costs.
- Implemented a new inventory tracking system that reduced material waste by 30% over 6 months.
- Conducted daily safety briefings that resulted in a 50% reduction in on-site accidents.

Construction Worker

Jun 2017 - Dec 2019

Greenfield Construction, Denver, CO

- Assisted in the completion of over 20 residential projects, consistently meeting deadlines and maintaining high-quality standards.
- Utilized advanced leveling tools and surveying equipment to ensure precise foundation placements, resulting in a 15% decrease in rework.
- Collaborated with subcontractors and suppliers to streamline project workflows, improving overall project timelines by 20%.

Laborer

May 2015 - May 2017

Urban Developments LLC, Denver, CO

- Performed a variety of tasks including site preparation, material handling, and drywall installation on multiple projects.
- Recognized for exceptional work ethic and reliability, contributing to a 10% increase in team productivity.
- Assisted in implementing safety protocols that led to a 0% injury rate during project duration.

EDUCATION

Associate of Applied Science in Construction Technology

May 2015

Metro State University, Denver, CO • GPA: 3.5

SKILLS

Technical Skills: Blueprint Reading, Project Management, Safety Compliance, Building Code Knowledge

Tools & Frameworks: AutoCAD, Procore, Power Tools, Excavators