

Amina Patel

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SUMMARY

Dedicated Mid Level Physical Therapist with over 5 years of experience in rehabilitative care. Proven track record of improving patient outcomes through customized treatment plans and evidence-based practices.

EXPERIENCE

Physical Therapist

Jan 2022 - Present

Wellness Rehabilitation Center, Seattle, WA

- Designed and implemented tailored treatment plans for over 150 patients, resulting in a 30% reduction in recovery time.
- Conducted patient assessments and adjusted therapies based on progress, leading to a 95% patient satisfaction rating.
- Utilized electronic health record (EHR) systems to document patient progress and streamline communication with healthcare teams.

Physical Therapist Assistant

Jun 2018 - Dec 2021

HealthFirst Physical Therapy, Bellevue, WA

- Assisted in developing rehabilitation programs that improved mobility for patients by an average of 40%.
- Monitored patient progress and collaborated with a multidisciplinary team to enhance treatment efficacy.
- Trained new staff on therapeutic modalities and patient care techniques, enhancing team performance.

Rehabilitation Intern

Jan 2017 - May 2018

City Hospital, Seattle, WA

- Supported licensed therapists in conducting therapy sessions, aiding in the recovery of over 100 patients.
- Participated in workshops on manual therapy techniques, improving patient treatment approaches.
- Engaged in patient education regarding home exercises, leading to a 20% increase in compliance.

EDUCATION

Bachelor of Science in Physical Therapy

May 2018

University of Washington, Seattle, WA • GPA: 3.7

SKILLS

Technical Skills: Manual Therapy, Neuromuscular Rehabilitation, Aquatic Therapy, Gait Analysis

Tools & Frameworks: TheraBand, Ultrasound Therapy Machines, EHR Systems, Kinesiology Taping