

Amina Patel

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SUMMARY

Compassionate and results-driven Mid Level Social Worker with over 5 years of experience in mental health and community support services. Proven ability to connect with diverse populations, advocate for client needs, and implement effective intervention strategies.

EXPERIENCE

Social Worker

Jan 2022 - Present

Community Support Services, Seattle, WA

- Increased client engagement by 30% through the development of personalized care plans and community outreach initiatives.
- Facilitated group therapy sessions that reduced symptoms of anxiety in 80% of participants over a 12-week program.
- Implemented a new case management software that improved documentation efficiency by 25%.

Mental Health Counselor

Jun 2018 - Dec 2021

Wellness Center, Seattle, WA

- Provided individual and family therapy to over 100 clients, achieving a 90% satisfaction rating in post-service surveys.
- Collaborated with local agencies to secure \$50,000 in funding for community mental health outreach programs.
- Utilized evidence-based practices, including Cognitive Behavioral Therapy (CBT) and Motivational Interviewing, to achieve measurable client outcomes.

Social Work Intern

Jan 2017 - May 2018

Youth and Family Services, Seattle, WA

- Assisted in the development of youth support groups, resulting in a 40% increase in attendance over one year.
- Conducted assessments and provided referrals to appropriate community resources, enhancing service accessibility for families in need.
- Supported case managers by maintaining accurate client records and contributing to team meetings with insights on client progress.

EDUCATION

Bachelor of Science in Social Work

May 2018

University of Washington, Seattle, WA • GPA: 3.7

SKILLS

Technical Skills: Case Management, Crisis Intervention, Therapeutic Techniques, Client Advocacy

Tools & Frameworks: Therapy Software, Microsoft Office Suite, Data Management Systems